

LINKING LEARNING EXERCISES

Not sure how to claim credits for a valuable learning experience you have encountered? Try making the link with Linking Learning exercises!

Linking Learning exercises allow Mainpro+ participants to claim five certified credits per exercise for documenting the learning that surrounds you daily.

Clinical or non-clinical, certified or non-certified activities could be eligible for Linking Learning exercises. For example:



Treating a patient with complex needs



Participating on a hospital committee



Volunteering in a resource-poor setting



Reading an article that had an impact on your medical practice



Giving a lecture at a conference



Teaching medical students or residents

For more information and other examples, please visit our [Linking Learning](#) page on the [CFPC website](#).

RESOURCES

Visit the CFPC website for helpful resources such as:



MAINPRO+ USER MANUAL



HOW-TO VIDEO TUTORIALS



LIST OF MAINPRO+ ACTIVITIES AND CATEGORIES



FREQUENTLY ASKED QUESTIONS

CONTACT US

Mainpro+ and credit reporting:

www.cfpc.ca/mainpro

Mainpro+ coordinators

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CERT+ program certification:

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THE COLLEGE OF
FAMILY PHYSICIANS
OF CANADA



LE COLLÈGE DES
MÉDECINS DE FAMILLE
DU CANADA



WHAT YOU NEED TO KNOW

MAINPRO+® AT A GLANCE

- Mainpro+® (Maintenance of Proficiency) is designed to support and promote family physicians' continuing professional development (CPD)
- It has intuitive, easy-to-understand credit reporting categories and activity listings
- There are no category maximums
- All activities must be reported online
- Participants must earn and report a minimum of 250 credits per five-year cycle, at least 125 of which must be from certified activities
- Participants must earn and report a minimum of 25 credits per year in any combination of certified and non-certified activities
- Please keep your certificate of completion (for certified events) for a minimum of six years in case you are selected for a random audit

CREDIT CATEGORIES

CERTIFIED CPD

Activities that have been reviewed and approved by the College of Family Physicians of Canada (CFPC) as meeting standards for certified CPD

NON-CERTIFIED CPD

Activities that have not been formally reviewed by the CFPC but comply with the College's definition of CPD, are non-promotional in nature, and provide valuable professional learning opportunities

CYCLE DATES

- Both annual and five-year cycles begin on July 1st and end on June 30th
- You can find your specific cycle dates on your Mainpro+ dashboard, just below your name

CARRY-OVER CREDITS

Up to 40 certified credits can be carried over from one five-year cycle to the next. Carry-over credits are applicable only if extra credits are reported beyond the required 125 certified and 250 total credits. Any certified credits you report in excess of the minimum requirement will automatically roll over into your next five-year cycle.

CERTIFICATION FRAMEWORK

CFPC certification demonstrates that program content is relevant to family medicine and meets our certification standards.

- Programs can be certified for one, two, or three credits per hour
- CFPC members review programs to ensure the content is relevant to family medicine
- Programs must meet the minimum requirements in six quality criteria

ACTIVITY CATEGORIES

GROUP LEARNING

Activities that provide opportunities to learn with others

SELF-LEARNING

Activities planned and implemented by the individual, outside the context of a group

ASSESSMENT

Activities that stimulate learning through analysis of data and provision of feedback about an individual or group (e.g., practice audit); assessment of learning materials may also qualify under this category



Unsure where your CPD activity fits? Contact us at mainprocredits@cfpc.ca.